Your Letterhead Here

Date:

Client Name:

As part of our health assessment today, we completed a brief check-up of your memory. The purpose was to assess the health of your brain and determine if there is any need for further evaluation. Your score suggests it would be good to have your doctor take a closer look at your memory.

There are many reasons why someone might receive a lower than expected score on this measure. A person might be tired, have a lot on their mind, feel stressed or be distracted. In other cases, they may be taking medications, have a shortage of certain vitamins or nutrients, or have a medical condition that is causing memory changes.

It is important to check the health of the brain as we get older, just like we routinely check on the health of other organs, such as the heart. Sometimes, memory difficulties can be reversed with treatment. In other cases, early diagnosis of a problem offers the best chance to treat symptoms and stay well.

**I recommend you contact your doctor about getting a memory check-up**. You can contact me at any time with questions or for more information at XXX-XXX-XXXX.

Sincerely,